



## MAN UP | ADAM

By Joey Ruyter

### SMALL GROUP KICK OFF:

- Tell the group a little about yourself (where you're from, family, work, and a little about your first car in high school!). Also, let the group know why you decided to join the "Man Up" Study.
- How does culture define manhood? How does it define the idea of "manning up?"

### ATTRIBUTE OF A BIBLICAL MAN

**A Biblical Man Leads and Lives by Accepting and Giving God's Grace**

### SPEAKER NOTES

**Genesis 2:16-17, 3:1-7**

**Genesis 3:8-12**

**Genesis 3:17-19**

**Genesis 3:8, 15, 21, 24**

***Grace** is God's unmerited favor and kindness. It is through God's grace that God gave His Son and gave us the power of the Holy Spirit within us, for both salvation and everyday living. Grace cannot be earned or deserved – it is a free gift from God. God has always desired to relate to us through grace. In fact, it is the only way to relate to God. Religion tries to relate to God through good works or by earning God's favor. But it cannot, and it would not reveal God's true desire for how He relates with us.*



## SMALL GROUP QUESTIONS:

- What stood out to you most from the talk today?
- Re-read today's, 'Attribute of a Biblical Man' on page 1 – what do you think it means to “accept grace” in your everyday life? What does it mean to “give grace” to others?
- How would your life change if you ‘accepted God’s grace’ more and more this week? In a similar way, how would a more consistent posture of ‘giving God’s grace’ change your relationships this week?

## PUSH UPS FOR THIS WEEK

*(See “God Speaks Through His Word” handout for more context)*

**Read this week: John Chapter 1.** Use the below promptings as you go to the Word

*(break up the 51 verses of John Chapter 1 into small sections, reading a small section of John 1 each morning)*

### **Before opening the Bible:**

Lord, help me rely more on your grace. Help me not to grow in my independence, but instead grow in my dependence on you.

### **While in the Word:**

1. Lord what are you saying about yourself in this passage?
2. In what ways have I not believed this truth or not applied it?
3. Help me to engage with you more throughout my day. I truly desire to be led by you, instead of by my own leadership.