



RIDGE WOMEN

SOUTHWEST CAMPUS: SPRING 2018

WOMEN'S STUDIES

PHILIPPIANS: FELLOWSHIP IN THE GOSPEL, by Grace Bible Church

TUESDAYS, JAN 9 - APR 3; 9:30-11:30AM OR 7-8:30PM | BLDG B

This study takes us into the heart of the apostle Paul as he encourages, instructs, and challenges the believers of Philippi to live as citizens of heaven on earth. Come learn how the great example of Jesus Christ and His gospel of grace can motivate us as well! *Childcare is available for the morning study only. Childcare is not offered during the evening study. Register at austinridge.org/womensstudy.

JOY & HEALING

SUNDAY EVENINGS, BEGINNING JAN 14; 7-9PM

If you or someone you know has a husband who is struggling with a sexual integrity issue (such as pornography or infidelity), we have some wonderful women here at Austin Ridge who have walked this road and would love to encourage you. Communication and all group meetings are kept confidential. If you have questions, or would like more information on how to register for this group, please email our Women's Director, Tracy Steinle, at tracy.steinle@austinridge.org.

WOMEN'S GROUPS & EVENTS

MOMS (Mommies of Minis, formerly known as MOPs)

FRIDAYS, BEGINNING JAN 5; 9:30-11:45AM | BLDG B (TWICE MONTHLY)

Do you desire to be known and connected to a community of moms who understand the journey you are on? Do you dream of a hot breakfast you didn't have to cook? If you are a mother of children, ages birth through kindergarten, join us as we receive encouragement from mentor moms, learn from guest speakers, and share our motherhood experiences. Please register at austinridge.org/moms.

THE TABLE (Young Adults)

TUESDAYS; 7:30PM | BLDG B

We exist to be a Christ-centered, outward-focused, community of friends for 20 and 30 somethings in Austin. Each Tuesday, we gather for worship, teaching, and community. We also have Neighborhood Groups (groups of 12-20 people) that meet all over the city on Wednesdays and Thursdays. For more information, go to austinridge.org/thetable.

RIDGEFIT

TUESDAYS AND THURSDAYS, BEGINNING JAN 9; 1:30-2:30PM | BLDG B-116

This fitness class is mat Pilates and body weight exercises, led by a certified personal trainer. Low impact – high results. Exercises can be modified for pre-existing conditions. Open to all women of any fitness level. Join in for fitness fun! You can find more information at austinridge.org/ridgefit.

CHRISTIAN BUSINESS WOMEN'S LUNCH

THIRD WEDNESDAY OF EVERY MONTH, 11:45AM-1:15PM | SANTA RITA ON 38TH STREET

Our Business Women's Lunch is a monthly opportunity for women to find community, networking, and encouragement from other women who understand the stage of life you are in. Come join us for a meal this month, as we hear from a guest speaker on what it looks like to represent Christ in the workplace. Register at austinridge.org/cbwl.

AN EVENING WITH MELANIE SHANKLE

THURSDAY, JAN 18; 7-9PM | BLDG A, BEE CAVE

Ladies, join us for an evening with NY Times bestselling author, Melanie Shankle, who will speak to us on friendship and remind us that God does extraordinary things in our most mundane moments of faithfulness. It is sure to be a night of laughter and heart tugs! Register at austinridge.org/women.

PARENT MENTORING CLASS

SUNDAYS, JAN 21 - FEB 25; 11AM | BLDG B-114

Would you like someone to journey alongside you as you seek to fulfill Ephesians 6:4 and raise your children "in the discipline and instruction of the Lord"? If so, consider joining this class. Please register at austinridge.org/parenting.

RIDGE COLLEGE

SUNDAY EVENINGS, BEGINNING JAN 28 | BLDG B-211

Ridge College ministry is the place to connect with other college-aged people, explore the gospel, and find your place in God's plan. You're walking through one of the most important times in your life as you become the person God has made you to be. So, lay a firm foundation and come be a part of a community of young adults dealing with the same challenges you are. For more information, go to austinridge.org/college.

IF: GATHERING

FRIDAY, FEB 9 & SATURDAY, FEB 10

We will not be hosting an IF: Local at Austin Ridge this year, due to a date conflict with Night to Shine. However, we invite you to host an IF: Local in your own home, or to attend another IF: Local in Austin. To learn more or to find an IF: Local to attend, visit ifgathering.com.

PYNG (Paint Your Nails & Give)

SATURDAY, MAR 24; 12-3PM | BLDG A

Bring your friends of all ages for this 2nd annual event of pampering with a purpose! Manicures, massages, shopping, food and Dove Tile painting – all for a good cause. This fun event benefits The Refuge Ranch (therefugeaustin.org), which provides long-term, holistic care in a pastoral and peaceful setting for girls, minors through age 19, who have been rescued out of sex trafficking. For more information or to help out, go to austinridge.org/pyng2018.

WOMEN'S RESOURCES

WOMEN OF CARE

Women of Care provides friendship and fellowship on a one-on-one basis for those who may simply need someone to talk to. They provide encouragement and support for women who may be facing a crises due to a life event, and they provide guidance for those who may be searching for practical ways to grow. Visit austinridge.org/woc for more information.

PRAYER MINISTRY

We seek to be prayer dependent women, casting our cares on the Lord because He loves us. We have a team of women who would like to pray for you. Prayer requests can be submitted confidentially at swwomenprayer@austinridge.org.